

Voice OF THE RESIDENTS

Vol. 45 • No. 5 Broadmead • Cockeysville, MD

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Holly House rehab planning is under way after funding boost

By Pat van den Beemt

It is only fitting that proceeds from the sale of four historic houses on York Road that Broadmead sold in November will go toward restoring a centuries-old house right here on campus.

The York Road houses were sold for \$400,000 to Overbrook Farms LLC, Rick Byrd registered agent. The new owner has already started repairs on the houses, which include the York Road Toll House. Broadmead bought those properties over an 11-year period starting in 2000 for a total of \$789,500. The houses, once used for storage and even employees' temporary residences, had been vacant and falling into disrepair for several years.

Broadmead's own Holly House has a diverse past and, if all goes according to plan, it will have a bright future. Built in the mid- to late-1700s, the house has sat vacant since Covid and the Master Plan converged in 2020. Since there were no more meetings in person, its interior was used to store kitchen and dining room equipment as well as office furniture.

Plans are now underway to renovate and rejuvenate the three-story brick house, which has problems—a leaky foundation and roof as well as mold issues, among others. Broadmead will be meeting with a contractor who specializes in renovating historic homes. Once the contractor submits a proposal and it is approved, work will be scheduled.

Holly House was home to Broadmead's first director and once had offices for staff members. A number of early residents stayed there until their garden homes were completed. The first floor was used for meetings and dinner parties, and there was even a wedding there in 1981.

According to a Broadmead history written in 2002, Johns Hopkins University president Milton Eisenhower visited Holly House in 1980 and was particularly impressed with the Oriental rugs. The rugs and much of the furniture in the house were donated by Harry Dunmore, the previous owner.

For now, the furnishings are in a climate-controlled storage facility, said Joyce Malone, Broadmead's VP of Facility Services. They will be assessed for restoration and cleaning once the project reaches the interior design phase.



The elegant living room at historic Holly House was once the site of Broadmead celebrations. Once renovations are complete, it will once again play an important role on the campus. Photo from Broadmead Through the Years, 2004.

Broadmead extends its reach via State's Community for Life program

By Alice Cherbonnier

With millions of Baby Boomers considering living options as they age, affordability and availability of quality care are major concerns. Moving to Continuing Care Retirement Communities (CCRCs) like Broadmead can be an excellent option for accessing these needs, but only five to ten percent of seniors can afford them.

To meet the extraordinary demand, nonprofit organizations and governmental entities are developing programs for the elderly that delay the need for costly assisted living or nursing home care. The task is daunting: programs must deliver quality programming, meet regulatory standards and be fiscally sound—while also being affordable.

To address this challenge, the State of Maryland created an innovative program in 2018 called Community for Life (CfL). CfL seeks to allow older adults to age safely in their homes.

So far, the CfL program has established service sites in Baltimore City and 10 counties—including Baltimore County, where the service provider is Broadmead.

Broadmead accepted the opportunity to partner with the Maryland Department of Aging on the CfL program because it conformed to a goal of Broadmead's strategic plan of 2015, which states, "to expand programs to a broader population of older adults who are more varied socio-economically and who are more diverse culturally and ethnically." Residents, trustees and administrative staff were involved in setting this goal.

The CfL program at Broadmead is available to any Baltimore County resident over 60 years of age. Members pay \$200 per month for a package of core services that includes home maintenance, transportation and service navigation. Reduced rate or free memberships are available if grants are available. Until September 2025, the Maryland Department of Aging is providing a grant that pays eligible members' full membership fees.

The Broadmead Community for Life program currently has 47 members. It is managed by the Center of Excellence in Health and Wellness, with the help of several partners that help deliver services. Andy Switzer, director of the program, says it has "made a big impact on the lives of those we serve and is helping members stay in their homes as long as possible." He points out that the program does not provide any medical, assisted living or long-term care services, but does provide Center of Excellence in Health and Wellness services to interested CfL members. Thus far, he says, "Only five percent of current members take advantage."

For more information, visit <https://communityforlifemd.com/> or contact Andy Switzer, 443-578-8032 or aswitzer@broadmead.org.

Fall 2023 Boynton Scholarship Awards

Broadmead team members have the opportunity to apply for scholarships from the John Boynton Scholarship Fund to assist with their post-secondary education, including credit and non-credit course offerings. The fund was established in 2000 by resident John Boynton and his wife Mildred. The legacy lives on today through continued resident support.



Rachel Harris is a health information management specialist in Broadmead's nursing department. She is working towards a B.A. in health information administration at Southern New Hampshire University.



Esther Stewart is employed in the nursing department at Broadmead. She is working towards her BSN-RN at Pratt Community College, with the goal of becoming a registered nurse.



Robby Kikaro is working as a rehab nurse at Broadmead. She attends Chamberlain University, where she is working towards a master's degree in public health.



Chennita McLean works as a home care supervisor at Friends Connect. She is pursuing a master's degree in health service administration at the Jack Welch Management Institute, with the goal of becoming a director of health care.

Great Decisions 2024 Starts Thurs., Feb. 1

The timely topic of "Mideast Realignment" will kick off the 2024 Great Decisions program on Thursday, February 1. The presentation, and all future sessions, will be held at 3:00 p.m. in the Auditorium, with participation by Zoom available.

Subsequent topics will be "Climate, Technology and Competition" (Feb. 8), "Science Across the Borders" (Feb. 15), "U.S.-China Trade Rivalry" (Feb. 22), "Understanding Indonesia" (March 7), "High Seas Treaty" (March 14), and "Pandemic Preparedness" (March 21).

Barry Rascover will introduce the topics, which will be followed by related videos and discussion.

Great Decisions 2024 Briefing Books (a valuable resource, but not mandatory) are available to help prepare attendees for the topics. These cost \$35 and may be obtained through Michael Yaggy, G-3. Checks should be made payable to the Broadmead Residents Association, with the notation "Briefing Book."

Email michael.yaggy102@gmail.com for more details.

Update: Upper level entrance construction delays

By Willy Sydnor

Broadmead residents have become accustomed to construction setbacks due to permit delays. Following this tradition, Broadmead is awaiting the issue of permits related to the scope of digging for the project's excavation. These permits are required by the EPA and issued through Baltimore County. The permit applications require the contractor to spell out plans to keep sediment and erosion from making their way into streams in this area.

Once the permits are in hand, which should occur by the time this issue of the *Voice* comes out, work can begin in earnest, although some work mobilizing can take place before then. Because of the permitting delay, the work is about four weeks behind schedule, so the new completion date will be in August. It's possible that some aspects of the project will be finished more quickly.

The bright white walkway awnings will remain in place for the duration of the construction, with additional lighting along the Stony Run parking lot expected to be in place shortly.

Another change will soon be happening: the walkway from the western end of R Cluster, which weaves around the pickleball court to the Bistro, will be closed off for a long time during the construction. Orange cones and construction tape will be in place to make sure there is no unauthorized foot traffic.

What about the bottle recycling site? "The shed can still be accessed via the lower-level exit from the Bistro for now," says Joyce Malone, V.P. of Facilities Services. "There may be a time when we will relocate the shed or identify a new space. But for now we are fine." The pickleball court is expected to be accessible during the construction.



PLANTINGS REPURPOSED

Eight azalea bushes and five rhododendrons were moved out of the way of construction at the upper level entrance. They were planted behind A-8 in a shady dell which should suit them well. The maple and weeping cherry trees, which also had to be removed from that construction site, provided wood for Court Robinson and his merry band in the wood shop. The wood is currently drying before being ready to use. It turned out that the much-lamented weeping cherry was rotten inside, and so would not have long survived anyway.

—Photo and caption by Kathleen Truelove

Keith Martin works added to the Broadmead Collection



The Broadmead Collection's three recent acquisitions by renowned abstractionist Keith Martin, once a Broadmead resident. Above: "Dancing Figures"; at right, "High Place"; below, the hidden-in-plain-sight collage from the OPD hallway.

By Jackie Mintz

While most Broadmead residents may not be aware of the far reach of the Voice, its influence was vividly illustrated by recent events.

Katherine Cox drove from Arlington, VA to Broadmead several weeks ago for a marketing tour. Her mother and grandmother had both lived here; her mother had also worked here, as special assistant to then-CEO Rich Compton. As Katherine was leaving the marketing suite, she picked up a copy of the Voice, and read it when she returned home. When she read the article on Keith Martin (November issue), she thought to herself: "Why, I have a couple of Keith Martins. Perhaps Broadmead would like to have them!"

Katherine had been left the paintings by her mother, Nancy Grant, who had been a close friend of Martin's partner, Dave McIntyre. Dave gave Nancy two of Martin's paintings. Katherine recalled that, when her mother gave her the paintings, she said, "Don't give these to Goodwill, they are valuable." So she didn't.

After being put in touch with Ross Jones, co-chair of the Arts Council, Kathryn arranged to bring the paintings to Broadmead, where the paintings were joyfully accepted by the Arts Council. By happy coincidence, one of the paintings was a study for Martin's large collage "High Place," which currently hangs on the central wall of the South Hall.

Kathryn also provided numerous high quality prints, copies of articles and other material relating to Keith Martin's work.

About the same time, an inquiry from another

reader of the Voice drew the Arts Council's attention to yet another Keith Martin painting. The imposing (52" x 41") beige-tan-grey collage

by the artist was hanging in the hallway of the OPD! It had been there for years, and while numerous people had noticed it, it had not been identified as a Martin painting because the signature is small and at the top left of the painting, over seven feet from the floor. Further, the painting was under non-reflective glass, which concealed some of the edges and dimensions of the collage elements, making it look like a two-dimensional poster. The painting will be added to the Broadmead Collection, bringing the number of Martin paintings to six.

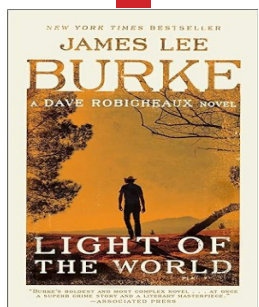
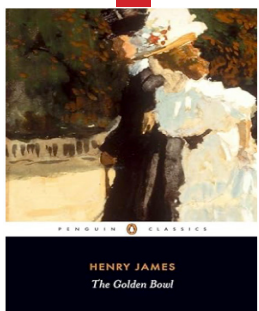
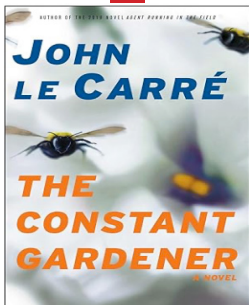
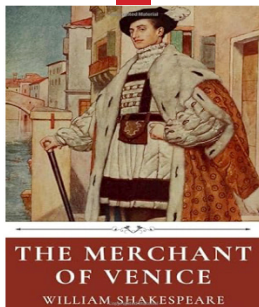
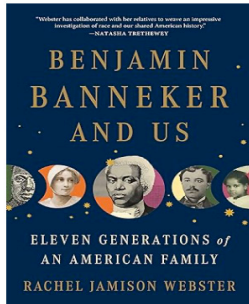
Keith Martin, who was among the first residents at Broadmead, was a professor of painting at Maryland Institute College of Art (MICA). He was a well-known abstract painter who was influenced by Matisse, Picasso and Klee. His work is in the collections of the National Gallery of Art and other museums in the U.S. and Europe.



Collage photo by Angela Breakey; others by Jackie Mintz.

Broadmead's lively book club scene: from *The Bard* to mysteries to classics

By Willy Sydnor



The **First Monday Book Group** is the oldest book club at Broadmead. Elsa Collins took over leadership three years ago from Josepha Caraher, but Elsa says the group has no moderator. Book selection is done by group consensus. Twelve to 15 people usually attend meetings; some have read the book under discussion, while others just enjoy the discussion before deciding whether to read the book. The group meets on the first Monday of each month; however, due to the holidays, they won't be meeting in January. The book for discussion in February will be *Benjamin Banneker and Us*. All their meetings are held at 10:30 a.m. in the Fireplace Room.

The newest book club is **Reading the Bard**—works by Shakespeare. Thomas Scheye originated the group, which began its first meeting with reading and discussing some of Shakespeare's sonnets. The group, which numbers about 25, decided to make the *Merchant of Venice* the subject of their next meeting. The group meets twice a month in the Fireplace Room, from 2 to 4 p.m. on the third Tuesday and second Thursday of each month..

John Mattingly has created two book clubs, and serves as the moderator of both. The first group discusses **The Classics**, and the book for discussion in January is *The Constant Gardener* by John le Carré. About 15 people are participating. Some will have read the books, while others just enjoy the discussions. They meet on the third Monday of each month at 11 a.m. in the Fireplace Room.

The other group John started is **Big Books You Always Intended to Read**. Seven participants waded through *Ulysses* by James Joyce, which they discussed over several sessions. Over the next four months, they'll be reading and talking about *The Golden Bowl* by Henry James. They meet on the fourth Monday of each month at 11 a.m. in the Fireplace Room.

The fifth book group is the **Mystery Book Club**, which started this past summer with Craig Smith as the moderator. He suggests various books and the group chooses what to read by consensus. The books for January are *Heaven's Prisoner* and *Light of the World*, both by James Lee Burke. The group meets the third Monday of each month at 1 p.m. in the Upland Community Room.

All the book groups welcome new members, as well as those who just show up to hear the discussion. Keep an eye on the yellow "This Week at Broadmead" sheet, which usually carries reminders about these meetings.

Martin Luther King's birthday celebration with "GrandFriends"

By Gwen Marable

The Multicultural Committee will welcome Friends School students and their parents to a multigenerational celebration of Martin Luther King's birthday on Monday, January 15 from 10 to 11:30 a.m. in the Bistro. Broadmead residents are invited to sign up to participate as "GrandFriends." Many of the participating students don't have grandparents or don't see them often. The fun event will begin with each student reading aloud from a book with a "GrandFriend," followed by a craft project. Cocoa and cookies will be served. This event is held annually at Broadmead, and parents of the students report that their children ask to return. Sign-up will be announced.



Partial photo of Frederick Stymetz Lamb's stained-glass portrait of William Penn (part of a presentation window called "William Penn, Peace Movement, Pennsylvania," ca. 1905, held at Brooklyn Museum). Source: commons.wikimedia.org. William Penn (1644-1718) oversaw the founding of the Commonwealth of Pennsylvania as a refuge for the Society of Friends (Quakers) and other religious minorities from Europe. At the time Penn joined the Society of Friends in 1666, Britannica.com says they were "a sect of religious radicals who were reviled by respectable society and subject to official persecution."

Broadmead Storytellers' inaugural session set for Jan. 23

By Peter Babcox

From the 19,000-year-old paintings of gamboling animals on the walls of the Lascaux caves to the frenzy of digital messaging in our own time, humans are wired to communicate. Over millennia the evolution of language hastened the emergence of civilization: cultures, nations, arts, technologies, religions, great ideas and sundry enterprise have been based, for better and worse, on stories.

In this ancient tradition, on Tuesday, January 23, at 3 p.m. in the auditorium, a dozen of our fellow residents will inaugurate Broadmead Storytellers.

The idea for the group grew out of the West African griot storytelling tradition. Broadmead's Multicultural Committee, spearheaded by Gwen Marable, has brought griots to campus to entertain residents. She and Peter Babcox are organizers of this new activity.

Speakers at the January 23 event will narrate samples of the storyteller's art from different genres. Stories to be included this time include: "The Griot's Tale," "The Children's Hour," "Local Espionage," "Family Affairs," "Mad Sweeney," "I am Greater than my Master," "Zlateh the Goat," "Mike Mulligan" and "Sir John Falstaff."

Series on Quaker values debuts Feb. 5

By Beth Wells

Since its founding in 1979 by Stony Run Friends Meeting, Broadmead's mission has included a commitment to "uphold Quaker values." What does this commitment mean? What does it entail?

In a series beginning in February, resident Friends and affiliates will offer six programs designed to address these questions. Each session will include presentation, reflection, and discussion for the Broadmead community on what Quaker values are and what it means to uphold them at Broadmead.

The series is designed for residents, administrators, team members, and trustees. It will examine six key Quaker values and related practices—their history, their meaning in today's world, and how Broadmead upholds them in fulfillment of its mission.

Dates and topics of the presentations are: February 5, Equality; April 1, Integrity; June 3, Simplicity; August 5, Stewardship; October 7, Peace; and December 2, Community. All sessions will be held in the auditorium from 4-5 p.m.

Presenters will include: Bob Goren and Nancy Moore, Ann and Bob Heaton, Alice Cherbonnier, Jen Hobbins, Elenor Reid, and Beth Wells. The series is offered in partnership with Joanne Tetrault, Broadmead's Spiritual Care Coordinator.

"I look forward to the series as a very worthwhile and meaningful way to ensure our Quaker values are reflected in the Broadmead community," said CEO Robin Somers.

TECH TIP: *Baltimore Sun*: Try the digital one. It's fun, and it offers useful tech tricks. For the sight-challenged, it enlarges print or reads to you. For sharing, it emails stories. For saving, it can stay on your device or computer for later reading or re-reading. Introductory rate available via <https://baltimoresun.com>.

—Don Killgallon

Karsk clock rocks on despite missing ship

By Ann Hunter



When Roger and Sharon Karsk bought their stunning long-case clock from Alex Cooper Auctioneers, it had only one flaw. There had once been a ship in the painted harbor scene in the clock face which rocked in time with the pendulum; however, it must have been lost at sea.

The signature of George Gowland of Sunderland on the dial establishes that the clock's works were made in Northumberland, the northernmost county in England, in the mid-

19th century. Clocks made in Great Britain are likely to be signed because clockmakers belonged to guilds that examined each clock before it could be sold.

The flame mahogany case is in a transitional style peculiar to Scotland, which borders Northumberland. Did George Gowland cross the border to get his clock cases? The top has a traditional Regency style swan neck scrolled pediment with three brass balls and spire finials and plain columns flanking the dial door. The early Victorian bowed pendulum door is topped with an acorn cap-shaped carving, found only on Scottish clocks. Above and below the door are French Empire style panels, popular in Scotland. The continental influence continues in the French feet beneath the base. All of these seemingly disparate styles combine to make a graceful, elegant clock.

Now, if only there were a rocking sailing vessel in the harbor! Tom Boytim, a skilled woodworker, is leading an effort at Broadmead to make it happen.

BIRD WATCHING

The Bald Eagle soars again

By Debbie Terry

The Bald Eagle has been the national emblem of the U.S. since 1782, but—if Benjamin Franklin had had his way—the U.S. emblem would have been the Wild Turkey. Franklin said, “The Bald Eagle is a bird of bad moral character. He does not get his living honestly.”

The Bald Eagle prefers fish, but he is opportunistic. He will chase birds carrying prey, such as the Osprey, until the prey is dropped. He will also scare vultures away so he can take their fill of carrion. (*See photo.*)

According to the Smithsonian National Zoo, in 1963 there were only 47 pairs of Bald Eagles in the U.S. Since pesticides and hunting have been regulated, the Bald Eagle has increased in numbers enough to be removed from the Endangered Species list. The last two Atlases of the Breeding Birds of Maryland and the District of Columbia have shown Bald Eagle nesting has increased along the Chesapeake Bay, rivers and reservoirs (such as Loch Raven).

Many residents have seen a Bald Eagle, with its white head and tail, soaring over Broadmead. In November last year, when driving onto Broadmead's campus, I stopped at the four-way stop and saw, looking through my windshield at the dead tree to the right of the bee hives, an adult Bald Eagle perched on a branch.

When out and about at Broadmead, don't forget to look for nature's gifts. Scan the sky and tops of trees. You may have an unforgettable moment: seeing a Bald Eagle!



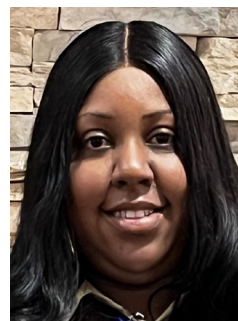
The majestic Bald Eagle moves in for carrion from a deer carcass as two black vultures and a red-headed vulture wait their turn. Birds of prey alone can't control Baltimore County's voracious deer population, though. With few natural predators, hunters are necessary to cull herds. Only 443 deer were killed by hunters in Baltimore County last year—not enough, according to those whose farms and gardens are plundered by them. The deer also strip necessary understory from forests. Photo by Bill Hubick; published with permission of the Maryland Biodiversity Project.

From the archives: January 1986

BARN SALE HISTORY

Why called “Barn Sale”? In the early days of Broadmead, the barn was used for the storage of some of the donations made by Residents. When the Residents Association decided to hold a sale, the barn was selected as a suitable place because of its storage possibilities and its colorful location. “Barn Sale” seemed a most appropriate name for the venture which was scheduled for November. However, as the time approached and colder damp weather set in, it was agreed that for the comfort of everyone the activity should be held in the Center. Although no sale has ever been held in the barn, the name “Barn Sale” had taken hold and is still holding.

November 20, 1980—It all began on this day - the first Residents Association Barn Sale. Held in a small section of a storage room, with about twelve Residents working, there was one garment rack with an assortment of clothing, some furniture, and the usual collection of “white elephant” articles. Everyone was pleased when, at the end of the day, a total of \$930 had been received.



TEAM MEMBER OF THE MONTH

Shameka Taylor, Team Member for the month of October, began working at Broadmead in the fall of 2017 as a Home Management Associate (HMA). She was later

promoted to Purchasing Coordinator in the Nursing Department. Shameka was cited for her excellent work initiative and for fostering strong relationships with residents and fellow team members.

Greenhouse update

By Kathleen Truelove

Greenhouse access during upper level entrance construction is available only through the physical therapy room, which is open on weekends as well as weekdays. Residents may continue to take plants there. Plants may be moved around to accommodate other plants, to make a nice view from the PT room for the people toiling there, or to put plants in the best location for their light requirements. Please be sure to label your plants—there are plant markers and a pen next to the sink.

The door to the greenhouse, accessible through the P.T. room's door to the outside, should always be unlocked during the day, but is locked at night (there is no electric lighting in the greenhouse).



MYSTERY SOLVED: BARN SALE GADGET

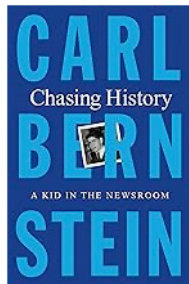
The mystery gadget discovered at the November Barn Sale and discussed in the December issue of the *Voice* has been identified—sort of. It's a “1 piece Aluminum Alloy Lemon Cutter, Lemon Slicer, Tomato Slicer, Egg Slicer and Fruit Cutting Tool.” There's no shorter way to say it. You put the item to be cut into the gadget, hold it down firmly, and slice away, spacing the knife according to how thick you want the slices to be. You can find this handy gem online for under \$20 from Target (search on the whole name as shown here, with quotes around it, and you may get lucky). Or you can ask to borrow the Barn Sale find from its new owner, Hillary Barry. Thanks to super-sleuth Mary Sue Rubin for persevering in the identification.

BOOK REVIEWS BY BROADMEAD RESIDENTS

Chasing History—A Kid in the Newsroom

by **Carl Bernstein**
Holt, 2022, 345 pages

It is 1960, and Carl Bernstein is 16 years old, living in Silver Spring, MD and in danger of flunking out of high school. This is the same fellow who, 12 years later, would join up with Bob Woodward at the *Washington Post* to deliver those explosive



articles about the Watergate break-in. This book is Bernstein's account of his trajectory from an apprenticeship at the *Washington Star* newspaper to that vaunted position at the *Post*.

Carl wanted to get out into the workforce—he did not like the drudgery of school. His father suggested working at a newspaper. Carl, at 17, needed a suit, so—with \$25 he'd saved from various part-time jobs—he bought one and walked into the *Star* looking for employment. After several interviews and displaying his ability to type rapidly, he was hired as a copy boy—someone who rapidly transported material from one department to another. He was hired at a salary of \$25 a week.

From this meager start, Carl progressed to the Dictation Bank, typing reports sent in over the phone by the *Star* reporters. This ability, along with his interactions with the editor-in-chief, finally got him a reporting post of his own.

Painting a picture of what it is like to work inside a bustling and hectic environment, Bernstein lets you ride along with reporters as they collect facts for their far-reaching articles—from murder to government intrigue. When he later joined the *Washington Post*, whose editor-in-chief was Ben Bradlee, and teamed up with Bob Woodward, the rest became history.

—*Sidney M. Levy*

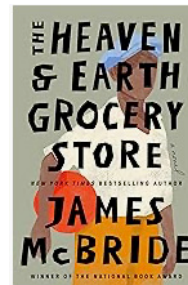
Sid has donated this book to Broadmead's library.

The Heaven & Earth Grocery Store

By **James McBride**
Riverhead Books, 2023, 400 pages

James McBride's latest novel starts in Pottstown, PA in 1972, as workmen, preparing a vacant tract of land to build a housing development, discover a human skeleton, a belt buckle, a mezuzah and a bit of red cloth in an abandoned dry well. On the following day, Hurricane Agnes prevents an investigation into a possible crime by wiping out whole areas of the city.

The reader is then taken back to 1925, when the story really begins. The Chicken Hill neighborhood is populated primarily by Blacks and immigrant Jews, all of whom are trying to survive in spite of the racism and xenophobia of the "American" residents of Pottstown. Moshe integrates his theater, which books the top popular musicians in the country. His wife, Chona,



extends credit and kindness to everyone in her grocery store. The extraordinary efforts by a large cast of quirky characters to rescue an orphaned, deaf Black boy from the clutches of the white establishment remain a community secret forever, helped by the hurricane.

McBride, a master storyteller, spins a tale that is dark, comedic and heart-warming, while showing that love for our fellow human beings is all-important.

—*Ann Hunter*



Grateful team members thanked residents for their contributions to the winter Employee Appreciation Fund by writing messages on the construction barrier wall at the upper level entrance. Photo by Sumner Clarren.

Play Bridge!

Please join fellow residents for an afternoon of enjoyable intermediate-level bridge. We meet in the Fireplace Room every Wednesday at 1:15 p.m. Come with a partner or join a table. Call Marj Espenschade with questions--x8351.

Broadmead Chorus

Rehearsals resume on January 5 at 10:30 a.m. in the Auditorium. New singers are welcome!

Broadmead Writers

Every Friday at 3:00 p.m. in the Seminar Room and via Zoom. Contact Maggie Babb maggie.babb@gmail.com

First Monday Book Group

No meeting in January
Benjamin Banneker and Us,
by Rachel Jamison Webster
Monday, February 5
in the Fireplace Room, 10:30 a.m.

Mystery Book Group

Heaven's Prisoners and *The Light of the World*, both by James Lee Burke.
January 15, 1:00 p.m. in the Community Room of the Upland building.

Let's Sing

Mon., January 29, 7 p.m.
in the Auditorium

NEW RESIDENT PROFILE

Alan Frost

**R-7, 802-777-5092, Alanf8977@gmail.com,
September 2023**

Text and photo by Kathleen Truelove

Alan Frost built and flew his own airplane, an ultralight single-seater. He says that he likes to make things and is intrigued by anything technical, especially motors. He brought with him to Broadmead a boat he made which has a working steam engine. It's worth a stop by R-7 to take a look at this marvel.

A native of the County of Essex, England, Alan left school at 16 to go to work for the Ford Motor Company, where he worked for 15 years. During this time, he went to technical college. After leaving Ford he went to teacher training college, where he majored in ceramics. After a time teaching in primary school, he moved on to secondary school vocational education, teaching woodworking, drafting, and metalworking. He met and married an American teacher and they moved to Vermont. Alan later formed a life partnership with Becky Kennedy.



Alan Frost

During his 40 years in Vermont, Alan's teaching career took a turn when he went to work for the State Department of Corrections, which ran a high school for prisoners who were up to 26 years old—a real high school that issued diplomas. During his 30-year career there, Alan set up a print shop that published the work of children of incarcerated parents, as well as the work of the prisoners themselves. Translating these into Spanish was an added feature of the class.

Alan sold the plane he built and bought another one, a two-seater so Becky or his daughter Rebecca could fly with him. Since he didn't yet know how to operate an aircraft, he was trained by a farmer whose field served as an airstrip. Alan left the second plane in Vermont when he moved to Maryland and could find no readily available farmer's field.

Being a Boy Scout leader and working with the Civil Air Patrol were Alan's hobbies, and he still enjoys ham radio.

REMINDER: Residents' Listserv Guidelines

The Broadmead Listserv (a Google group) is intended for friendly communication. Residents are responsible for monitoring its use and gently reminding one another of the guidelines if necessary. Use "Reply," not "Reply All," if you don't intend for everyone to see your message. And please don't post personal ads, items for sale or requests for donations. See the full guidelines on broadmeadbra.org.

NEW RESIDENT PROFILE

Becky Kennedy

R-7, 802-782-3610, beckykv@gmail.com, September 2023

Text and photo by Kathleen Truelove

Becky's partner Alan Frost describes her as "helpful with advice on sensitive issues," but Becky counters that she likes to listen and learn. A Boston native raised in Ann Arbor, MI, Becky attended Radcliffe College, graduating with a major in social relations. She went on to earn a PhD in clinical psychology from Boston University. Her dissertation focused on the stages of moral development. Her career was as a psychotherapist, mostly in private practice, dealing with trauma and PTSD, which came to the fore in the 1980s. She later became interested in multiple personalities and says that Sheppard Pratt has been a leader in this area.



Becky Kennedy

Becky and her then-husband moved to Vermont in the 1970s, which she says was a great place to raise their two daughters—Caitlin, who lives in Roland Park with her husband, and Molly, who lives in New Zealand with her Kiwi husband. There are five grandchildren.

Alan and Becky met in her first experience with online dating, about two decades ago. There was a photo of him standing next to the plane he made himself. Irresistible!

Becky and Alan moved from Vermont to the Evergreen neighborhood, near Roland Park, when she retired about five years ago. During the pandemic, the couple helped care for grandchildren, since Caitlin, a social and behavioral scientist at the Johns Hopkins Bloomberg School of Public Health, and her husband, an infectious disease specialist at Johns Hopkins, were very busy with work.

Pro bono work has been Becky's principal volunteer interest. Her hobbies included painting, until a neuropathy in her arm limited it. This was also a problem with the gardening she enjoyed. She writes and illustrates poems for her grandchildren and enjoys the offerings at the Renaissance Institute at Notre Dame of Maryland University.

BRA's website offers a wealth of information

The Broadmead Residents Association's website is a treasure trove of resources about BRA's organization structure and Broadmead Inc.'s policies, procedures and handbooks. Go to <http://broadmeadbrea.org> and click on the "About" tab to access information about committees and activities, maps, bylaws, forms and leadership.

Barn Sale Seeks Donations

The Barn Sale would love to receive your donations of items in good condition. Drop them off any Thursday in the Barn Sale room, 10 a.m.-noon or 2-4 p.m.

Spring Barn Sale Date Set

APRIL 19-20, 2024

Thanks all who volunteered for our recent Fall Barn Sale!

We are now seeking volunteers for our Spring Barn Sale.

Please contact Judy Lorenz if you are interested:

judylorenz78@gmail.com or x8460.

Need Furniture?

Check the Barn Sale's inventory at any time!

Come see the

huge selection of furniture:

chairs, tables, bookcases, filing cabinets and much more, all located in the back hall of the lower level and in the furniture store room.

Everything is offered at a great price.

Who knows, you may find something of interest that you absolutely must have!

Contact: Tom Boytim,
zeldapoooh@icloud.com
or (609) 405-8314.

Health Care Lecture

Topic: Congestive Heart Failure

Speaker: Dr. Maimoona Ali, GBMC

Date: Wednesday, January 17, 2024

Time: 3:30 – 4:30 pm

Location: Auditorium and via Zoom

In Memoriam

Margaret "Peggy" Bandelin
February 8, 1944 - November 26, 2023

Vernon Schaefer
February 9, 1931 - November 27, 2023

Musical Movie Matinee

"Cabaret,"
Wednesday, January 3
Running time: 2h 4m

"Singing in the Rain,"
Wednesday, February 7
Running time: 1h 43m

3 p.m. in the Auditorium

New Arrivals

Karen Smith
January 25, L-5
443-578-8302

Old & New Shop

Old and New Shop Winter Hours
January and February
Open Tuesday and Thursday
11 a.m. until 3 p.m.

Quaker Meeting at Broadmead

Sundays 10:30 - 11:15 a.m.
Fireplace Room

All residents are invited

Duplicate Bridge

Broadmead's Duplicate Bridge group
plays on Mondays at 1:30 p.m.
in the Fireplace Room.
Contact Sumner Clarren at
s_clarren@msn.com for details.

Two kittens bring added energy to Upland home

Text by Jackie Mintz, photos from Savitri Gauthier

Two kittens are recent additions to the Gauthier-Fambrough household in the Upland Building. Ani came first, at six months of age, a few weeks before Thanksgiving. Gizmo followed a short while after, at barely three months old. Both came from The Furry Paws Foster Inn in Parkville.

Ani is a pretty pearl-gray tabby. She was a scaredy cat at first, hiding from strangers and easily rattled by noise. She is now more confident and sociable.

Gizmo is a classic Tuxedo: black with a white nose and white paws. She is fearless, and—when not asleep—plays and investigates nonstop.

Ani and Gizmo take turns chasing each other, running, tumbling and rushing by at top speed, in great bursts of energy. They wear each other out chasing anything that moves or dangles. They especially love the fishing rod with a mouse tied on the line. When they are not roughhousing, they snuggle together.

Like all kittens, Gizmo and Ani climb up and on everything. This could lead to disasters in a home as full of art and hangings as the Fambrough-Gauthier's. So far, Ani and Gizmo have not—yet—tried to climb up the macrame that's hanging in their owners' vestibule doorway.



Lively kittens Ani (above) and Gizmo get into serious mischief.



Holiday Scenes at Broadmead



This year, the Model Train Interest Group set up not one, but two train gardens on the lower level of Broadmead Center.

Above, Bill Hakkarinen demonstrates the more traditional winter garden train layout for Lynn Jordan; at right, Kath Shelton admires the circus train layout. Photos by Kathleen Truelove.



Broadmead's "neighborhoods" customarily celebrate the holidays together. Above, P Cluster gathered for dinner in the Magnolia Room: (seated, l.-r.) Celeste Smalkin, Susan Elinsky, Norman Meadow, Karen Meadow, Bob Heaton, Gem Bruner, Tom Shelton; (standing, l.-r.) Emil Elinsky, Jo Krause, Robin Roszel, Alexandra Doumani, Ann Heaton, Kath Shelton, Jay Ludwig. Absent: Mary Agnes Evans, Dayle Jones, Jack Jones and Vera Mitnik. Photo by Jay Ludwig.

Ringing in the New Year as a community

Broadmead's New Year's Eve Party was set for Sunday, December 31 from 7:30 p.m.-9:30 p.m. in the Auditorium. The free event was to feature music and dancing to DJ Carlton Hopper, with revelers fortified by snacks, pastries, beer, wine and non-alcoholic beverages.

Sign Up to Join Resident Email Lists

(for current residents only)

To join the Broadmead resident email list, send an email to: brabroadmead@gmail.com.

To join the BRA business email list, send an email to: joen1234@comcast.net.

Socrates Café

Short video on "How Artificial Intelligence (AI) is Transforming the Spiritual Experience."

Question to probe:
"How can you ensure that your engagement with AI embraces, rather than diminishes, your human experience and spiritual journey?"

Tuesday January 16th
10:30-11:45 a.m.
Auditorium

Sponsored by Towson Unitarian
Universalist Church
Open to all

Vespers

Vespers – afternoon prayer with music

Sunday, January 21, 4:00 p.m.
in the Auditorium

New Volunteer Coordination

Tuesday, January 30, 1:30 p.m.
in the Fireplace Room.

If you are interested in being a Broadmead Volunteer, please join us.

Contact Kirsten Oudin at x8089
or koudin@broadmead.org

RESTAURANT REVIEW

Tark's: Great food and ideally situated for meeting friends

By Jackie Mintz

Located in Greenspring Station and bordering on the open-air courtyard of a fashionable shopping/office complex, Tark's Grill and Bar is one of the most agreeable and convenient restaurants north of the Baltimore Beltway.

Not surprisingly, given its high quality food and ideal location, Tark's is generally very crowded, especially on weekends. Its popularity brings with it one real drawback: the noise level can be very high. Even on a recent week-night visit, it was very full and very, very noisy.

The extensive menu ranges from soups to appetizers to large salads and entrees. The portions are large enough to share.

Among the **soups**, the French onion soup, is tasty and “*comme il faut*,” with a crust of melted cheese. A butter-nut squash soup is also good.



Tark's offers an appetizer of wagyu meatballs with burrata cheese. Photo sourced from Tark's Facebook page.

Of the lengthy list of **appetizers**, highly recommended is the Tuna Tartare, which is impressive both in appearance and in taste. It comes arranged in a tower: a layer of raw tuna perched on a layer of seaweed salad that sits

on a layer of cucumber salad in a creamy wasabi sauce. Other appetizers deserving mention are Meatballs and Burrata (an Italian cow milk cheese made from mozzarella and cream) with wagyu meatballs. Crispy calamari with a Thai dipping sauce are nicely crisp on the outside and tender inside.

Two noteworthy **Entrée Salads** are the Quinoa Bowl (with grilled chicken and baby kale) and the Tuna Poke Bowl (sesame seared tuna, brown rice, seaweed salad, and other “Asian” herbs and spices). Also tasty are the Fish Taco and the Seafood Cobb Salad.

Entrées: The Short Rib Rigatoni is excellent and rich in umami. The Icelandic Wild Cod, with a topping of crab imperial, is also excellent—succulent and tender.

Desserts are outstanding. The Heathbar Crunch bread pudding is delicious—very rich and very light at the same time. Another winner is a Warm Blondie à la mode (chocolate and caramel drizzle). The carrot cake is agreeably light.

Entrees run between \$25 and \$38 (\$58 for the filet); appetizers range between \$12 and \$25. The average per-person cost for dinner, including a modest amount for wine and mixed drinks, was about \$60 before tip during a recent visit.

The service is excellent. Reservations are highly recommended. Open every day at noon; the kitchen closes at 8:30 p.m. 2360 W. Joppa Rd., Lutherville, 410-583-8275.

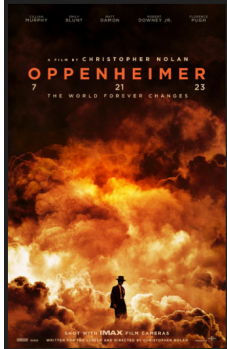
Photography Club Exhibit Explores Winter Themes



The Photography Club's current exhibit of images relating to winter and the holidays continues through January on the ground floor of the Community Center. Above is Bob Morris's photo of a squirrel in winter. The club, which has about 20 regular members and welcomes more, is led by Marsha Howes.

JANUARY MOVIES AT BROADMEAD: Tuesdays & Saturdays

Auditorium • 7:00 p.m.



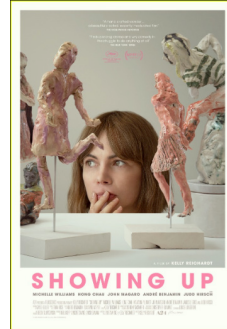
Saturday, January 6:

Oppenheimer

Start Time: 6:30

Based on the 2005 biography American Prometheus, the film focuses on Oppenheimer's studies, his direction of the Manhattan Project, and his 1954 security hearing. Directed by Christopher Nolan, with Cillian Murphy, Emily Blunt, Matt Damon.

2023 Historical R 3 hr plus intermission



Saturday, January 20:

Showing Up

The film follows a sculptor managing the competing attentions of her art, job, family, and friendships. Directed by Kelly Reichardt, with Michelle Williams, Hong Chau.

2022 R 1hr 47min



Tuesday, January 9:

Past Lives

The film follows the relationship between two Korean childhood friends over the course of 24 years, as they contemplate their growing apart and having different lives. Directed by Celine Song. With Greta Lee, Teo Yoo, and John Magaro. In English and Korean with subtitles.

2023 Romantic drama 1 hr 46 min

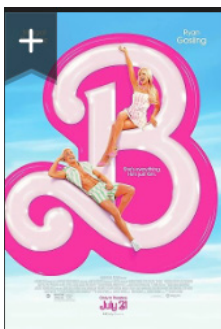


Tuesday, January 23:

May December

Loosely based on a true story, the film examines the life of a 36-year-old woman who seduced a 13-year-old boy. The couple married and have two children. Two decades later an actor who is to play the role of the woman in a movie visits the town to do research. With Julianne Moore, Natalie Portman, and Charles Melton.

2023 Drama R 1 hr 57 min



Saturday, January 13:

Barbie

Barbie (Margot Robbie) and Ken (Ryan Gosling) embark on a journey of self-discovery following an existential crisis. Directed by Greta Gerwig. Pink attire optional.

2023 Comedy PG 1hr 54 min



Saturday, January 27:

Maestro

A biographical treatment of the life of Leonard Bernstein, from the time he substitutes on short notice for Bruno Walter at Carnegie Hall. The film also focuses on his relationship with his wife, the actor Felicia Montealegre (Carey Mulligan). Bradley Cooper wrote, directed, and stars in the film.

2023 Biopic R 2 hr 9 min

Resident financial aid available

Broadmead residents who are concerned that their financial reserves are in danger of running low should contact Jennifer Schilpp, Chief Financial Officer, at 443-578-8063 or jschilpp@broadmead.org. She will review residents' fiscal situations and advise them about the availability of BRAF support. For more details, see the BRAF information request form that is available from Jennifer's office or can be downloaded from Caremerge.

Esthetician joins Broadmead's spa

Text and photo by Pat van den Beemt

If you look in the mirror and decide it's time to face the music and do something nice for your face, Broadmead's salon has just the help you need. Julia Merrell is an esthetician who can make sure you have a smile on your face when you leave.

The entire facial process takes an hour in one of the two private rooms in the salon. Two separate skin cleanings are followed by an exfoliation. Julia then does a facial massage. Then, after applying a facial mask to hydrate the skin, Julia will massage the client's arms and hands while the mask does its magic. And, of course, soft spa music plays the whole time. The cost for a facial is \$80.

Julia started at Broadmead in July and comes to the salon every Monday from 9 a.m. to 3 p.m. As more people make appointments, she'll come in other days as well. So far, all of her clients have been women, but she looks forward to seeing men who want to look and feel good too.

Born and raised in Timonium, Julia graduated from Salisbury University with a major in Sociology and a minor in Gerontology. She has a master's degree from Towson University in Occupational Therapy.

She has been an esthetician since 2019, after completing a 6-month program that was 9 a.m. to 5 p.m., five days a week. Julia is also an occupational therapist who visits patients in their homes. She's been doing that since 2008. "I've worked with older people when I do therapy, so coming here was natural," she said.

Julia learned Broadmead could use an esthetician from her neighbor, Lindsay Rowe, who works in the Center of Excellence in Health & Wellness. Julia has an easy commute from her home just up York Road in Sparks, where she has lived since 2015 with her husband, Shaun, who works in construction.



Julia Merrell provides hour-long facial massages at Broadmead's spa on Mondays by appointment. Bookings are filling fast. Julia may soon be adding service hours on campus.

Gift Idea: The Spa offers gift certificates for all its services: haircuts and styling, manicures and pedicures, massages, facials. Note that the Spa has a no-tipping policy.

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Broadmead, 13801 York Road, Cockeysville, MD 21030

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EDITORIAL POLICY: The *Voice* is published September through June by and for the Broadmead Residents Association, whose president is Kathryn Shelton. It seeks to announce and report on activities at Broadmead and to carry news, features and photos of interest to residents. As its major goal is to promote a sense of community, The *Voice* does not publish criticism or controversial opinions about individuals or about the three organizational bodies that constitute Broadmead (residents, administration and trustees), as there are established procedures for the resolution of internal problems. The *Voice* will not publish matters of a religious or political nature, except in the context of reports about events on campus. Publicity for upcoming events is preferred to reports on events already held. Submissions from outside media are not published owing to space limitations and possible copyright issues. Mailing address: Voice Office, c/o Broadmead Residents Association (BRA), 13801 York Road, Cockeysville, MD 21230.

Decisions about content as well as writing and photography assignments are made by the Editor in consultation with the Editorial Board, at meetings usually held the fourth Wednesday of each month. Ideas or suggestions for articles should be submitted to the Editor, Alice Cherbonnier, by email: alicecherbonnier@gmail.com. Only electronic files are acceptable. Files should be submitted in Word or Pages. All copy is subject to editing, including for length. Photos should be submitted in high resolution (actual size).

Deadline for submissions is the 15th of the month prior to publication. Please query editor if you have a story idea. All submissions must be digital. Photos must be high resolution in JPEG or TIF format.